



## International Association of Psychosocial Rehabilitation Services

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*Dedicated to promoting, supporting, and strengthening community-oriented rehabilitation services and resources for persons with psychiatric disability.*

### **Core Principles of Psychiatric Rehabilitation**

1. Recovery is the ultimate goal of Psychiatric Rehabilitation. Interventions must facilitate the process of recovery.
2. Psychiatric Rehabilitation practices help people re-establish normal roles in the community and their reintegration into community life.
3. Psychiatric Rehabilitation practices facilitate the development of personal support networks.
4. Psychiatric Rehabilitation practices facilitate an enhanced quality of life for each person receiving services.
5. All people have the capacity to learn and grow.
6. People receiving services have the right to direct their own affairs, including those that are related to their psychiatric disability.
7. All people are to be treated with respect and dignity.
8. Psychiatric Rehabilitation Practitioners make conscious and consistent efforts to eliminate labeling and discrimination, particularly discrimination based upon a disabling condition.
9. Culture and/or ethnicity play an important role in recovery. They are sources of strength and enrichment for the person and the services.
10. Psychiatric Rehabilitation interventions build on the strengths of each person.
11. Psychiatric Rehabilitation services are to be coordinated, accessible, and available as long as needed.
12. All services are to be designed to address the unique needs of each individual, consistent with the individual's cultural values and norms.
13. Psychiatric Rehabilitation practices actively encourage and support the involvement of persons in normal community activities, such as school and work, throughout the rehabilitation process.
14. The involvement and partnership of persons receiving services and family members is an essential ingredient of the process of rehabilitation and recovery.
15. Psychiatric Rehabilitation practitioners should constantly strive to improve the services they provide.